



# SAHIBA I VASUDEV



Soulszest



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## About us

At Soulszest, we believe in the transformative power of spiritual healing and self-discovery, especially for women. Founded by the inspiring Sahiba I Vasudev, an esteemed Akashic Records Trainer and Karmic Tarot Mentor, Soulszest is dedicated to empowering women to reclaim their narratives, uncover their true potential, and navigate their journeys with confidence and clarity.

Sahiba's multifaceted expertise in Akashic Records Reading, Karmic Tarot, Clinical Hypnotherapy, 5D Healing, Graphology, and Sound Healing provides a unique framework to support women in their personal and spiritual growth. Her passion for helping others is profoundly rooted in a deep understanding that our subconscious often holds the keys to our struggles. By guiding women to explore their inner landscapes, Sahiba helps them confront trauma, shift limiting belief systems, and embrace the lessons life has to offer.

At the heart of Soulszest's mission is a commitment to fostering an empowering environment that encourages growth and self-realization. Through tailored workshops, intimate sessions, and community gatherings, Sahiba creates safe spaces where women can engage deeply with their inner selves and connect with others on similar journeys. With every Akashic Record reading and Karmic Tarot session, Sahiba equips women with the insights and tools they need to break free from self-imposed limitations and cultivate a sense of empowerment.

Sahiba's teaching approach is rooted in authenticity and relatability. By sharing her own personal experiences and lessons learned along the way, she fosters a sense of camaraderie among her students. Each session encourages self-reflection and personal exploration, guiding women to value their unique journeys while instilling the hope and purpose needed for transformative change.

Understanding that the path to healing is holistic, Sahiba incorporates diverse modalities into her practice. From the soothing vibrations of sound healing to the personalized insights gleaned through graphology, her multifaceted approach creates a rich tapestry of healing experiences that resonate deeply with the soul. Each technique is thoughtfully designed to foster connection, growth, and self-empowerment.

Through her unwavering dedication to women's empowerment, Sahiba I Vasudev stands as a beacon of light, guiding women toward spiritual growth and self-liberation. Soulszest serves as a reminder that every woman possesses the power to transform her life and create ripples of positivity in the world around her.

As you embark on your journey with Soulszest, you are welcomed into a community that celebrates healing, understanding, and personal evolution. Together, we empower women to step into their full potential, unlocking the myriad possibilities that await. Join us in this transformative experience, where your journey to empowerment and self-discovery begins—one session at a time.

It was in 2018 Sahiba formed her company called Soulszest and the main motive is to spread the right knowledge of Spirituality in the right way and empower women so that they are able to stand for themselves. We have taught more than ten thousand students. We are lucky enough that we got opportunity to teach in Mithibai College Students on Graphology, we trained teachers and students of Navy Children's School, Carmel Convent School, We have worked on projects with Made Easy School, NCS Delhi, and aswell Articles about me were published in magazines of Life positive and lifestyle magazine, Gtown magazine aswell our students who achieved excellence were also covered in life style magazine

